

Indulgences for the Year of Saint Joseph

Granted by the Holy See from December 8, 2020 to December 8, 2021

Below is a summary of how we can receive the special indulgences granted by the Holy See for the **Year of Saint Joseph**.

The plenary indulgence is granted under the usual conditions (sacramental confession, Eucharistic communion and prayer for the intentions of the Holy Father) to the faithful who, with a spirit detached from any sin, participate in the **Year of Saint Joseph** on the occasions and in the manner indicated by this Apostolic Penitentiary:

- Meditate for at least 30 minutes on the Our Father
- Participate in a spiritual retreat of at least one day that includes a meditation on Saint Joseph
- Perform a corporal or spiritual work of mercy
- Recite the Holy Rosary in families and between the husband and wife
- Entrust their work daily to the protection of Saint Joseph and to all believers who invoke with their prayers the intercession of the worker of Nazareth
- Pray the Litany of Saint Joseph or some other prayer to Saint Joseph for the persecuted Church and for the relief of all persecuted Christians
- Pray any lawfully approved prayer or act of piety in honor of Saint Joseph, especially on:
 1. March 19th (Solemnity of St. Joseph)
 2. May 1st (Feast of St. Joseph the Worker)
 3. The 19th day of every month
 4. Every Wednesday (a day dedicated to the memory of the Saint)

The gift of plenary indulgence extends particularly to the elderly, the sick, the dying, all those who for legitimate reasons cannot leave their home, who (detached from any sin and with the intention of fulfilling, as soon as possible, the three usual conditions), in their own home or wherever the impediment holds them, pray an act of piety in honour of Saint Joseph, Consolation of the Sick and Patron of a Good Death, confidently offering to God the pains and difficulties of their life.

Source: www.vatican.va